

Face Pigmentation

Nikita Tyee

Tel no [REDACTED]

Age - 15 years.

I was suffering from skin pigmentation. My neck region and the region around my mouth was darker than the other areas.

~~At first~~, ~~I~~ ~~realized~~ ~~four~~ ~~years~~ ~~ago~~ ~~back~~ I had gone to an ayurvedic center. I started having dozens of medicines. There was no effect. I was completely disheartened. I took many tests where everything was normal. I did not know what the actual reason was. Then one day my mother's friend recommended me to go to Dr Sunil Mehra. ~~He~~

~~He~~ ~~first~~ ~~met~~ My first impression of Dr Sunil Mehra was ~~not~~ not so great. He had high hopes. He asked me to stop having junk food. ~~I~~ At first, I was completely against this. Gradually, I realized that he was right when it started showing some effect. There was some drastic change. Now ~~my~~ ~~of~~ that darkness has almost vanished. He gives excellent advice and goes in depth to ~~help~~ ~~his~~ explain to his patients the pros and cons of having a particular type of food.

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I am grateful to have a Dr like Sunil Mehra. Now I feel healthy. Dr Sunil Mehra is an excellent doctor only if you ~~listen~~ strictly follow his advice. I can confide in him because the results have proved that. It will surely take time for your disease or problem to get cured but it will be worth the wait. I thank Dr Sunil Mehra for n to show me the right path for proper health and fitness.



I almost forgot, before ~~go~~ I met Dr Sunil Mehra I used to get extremely anger. For every small reason, I would get agitated. After taking Dr Sunil Mehra's advice and medicines, ~~my~~ I do not get angry much. & I have more patience and now I am calm and composed. There is a complete transformation. All thanks to Dr Sunil Mehra.

